

## Jessica Setnick, MS, RD, LD, CEDRD

Jessica Setnick has one of the most recognizable names in the eating disorders treatment world, thanks to her engaging and charismatic presentation style, her unique point of view, and her genuine ability to connect on a deep level, even from the podium. She has spent her career developing eating disorder treatment protocols in every level of care and shares her wealth of knowledge with health professionals and the public in every possible format, including the *Eating Disorders Boot Camp: Training Workshop for Professionals* audio course, *The Eating Disorders Clinical Pocket Guide*, *The Academy of Nutrition and Dietetics Pocket Guide to Eating Disorders*, as Eating Disorder Editor at *Recovery Campus Magazine*, in the forthcoming book *Managing Eating Disorders on Campus*, as a CEDRD Supervisor and mentor to treating professionals around the world, and in her many, many, many presentations. Jessica's mission is to work toward a world where everyone who needs care for eating issues has access to qualified professionals, and no one is turned away due to insurance issues or mistaken stereotypes.

### PROFESSIONAL CREDENTIALS, EDUCATION AND TRAINING:

Certified Eating Disorder Specialist and Supervisor, International Association of Eating Disorder Professionals  
Registered and Licensed Dietitian, Commission on Dietetic Registration/State of Texas  
Certified Worksite Health Promotion Director, Cooper Institute for Aerobics Research  
Master of Science in Exercise Physiology & Sports Nutrition and Dietetic Internship, Texas Woman's University  
Bachelor of Arts in Anthropology: Human Biology & Nutrition, University of Pennsylvania

### POSITIONS:

2015 – 2017 Editor, *Eating Disorders on Campus*, *Recovery Campus Magazine*  
2014 – 2016 Senior Fellow, Remuda Ranch at the Meadows  
2013 – Present Owner, Congruence Consulting  
2008 – 2014 Editorial Board, *Journal of Infant, Child and Adolescent Nutrition*  
2011 – 2012 National Director of Training & Education, Ranch 2300/Ranch at Dove Tree  
2005 – Present Owner, *EatingDisorderJobs.com*  
2001 – 2006 Consulting Dietitian, Project Kids Early Childhood Intervention  
2000 – 2003 Consulting Dietitian, Baylor Executive Edge  
1998 – 2002 Consulting Dietitian, The Premier Club  
1998 – 2000 Clinical Dietitian, Children's Medical Center of Dallas Center for Pediatric Psychiatry and Eating Disorders  
1997 – 1999 Adjunct Faculty, Richland College  
1996 – Present Owner, *Understanding Nutrition, PC*  
1995 – 1996 Adjunct Faculty, Texas Woman's University

### HONORS AND AWARDS:

Sports, Cardiovascular, and Wellness Nutrition, Academy of Nutrition & Dietetics Excellence in Practice Award, 2015  
Sierra Tucson Hope Award for Education and Prevention, 2013  
Texas Woman's University Hallmark Alumnae Award for Career Achievement, 2013  
*Today's Dietitian* Magazine 10 Exceptional RDs Who Are Making A Difference, 2012  
Texas Dietetic Association Outstanding Nutrition Educator Award, 2010  
Behavioral Health Nutrition Practice Group of the American Dietetic Association Excellence in Practice Award, 2010  
Dallas Dietetic Association Media Recognition Award Nominee, 2008  
Texas Woman's University Distinguished Alumna Award Nominee, 2007  
Second Place News Feature Award Recipient, College Fraternity Editors, 2004  
The Elisa Project Eating Disorders Awareness Award, 2000  
American Dietetic Association Recognized Young Dietitian of the Year Award, 2000  
Texas Dietetic Association Recognized Young Dietitian of the Year Award, 2000

## **Jessica Setnick, MS, RD, LD, CEDRD**

### **PRESENTATIONS:**

*Eating Disorders Boot Camp: NEXT GENERATION, Phoenix, Arizona, September 2018.*

*Eating Disorders Boot Camp: NEXT GENERATION, Baylor University, Waco, Texas, June 2018.*

*A Marathon, Not a Sprint: A Team Approach to Helping Athletes with Eating Disorders. Sport Exchange Summit Powered by Drug Free Sport, Kansas City, Missouri, June 2018.*

*Eating Disorders Boot Camp: NEXT GENERATION, Bellatore, Kansas City, Kansas, June 2018.*

*Weight Issues and Eating Disorders: Managing One without Creating the Other, Regional Youth Conference, Kansas City, Kansas, June 2018.*

*Orthorexia Update: A Report from the International Orthorexia Task Force, EDRDPro Webinar, March 2018.*

*Orthorexia Panel, Italian Society for Eating Disorders Conference (SISDICA), Rome, Italy, March 2018.*

*Eating Disorders Boot Camp, Iowa Eating Disorders Coalition, February 2018.*

*Eating Disorders Boot Camp: NEXT GENERATION, Atlanta, Georgia, February 2018.*

*The Anthropology of Eating, Center for Change Conference, Orem, Utah, January 2018.*

*Weight Issues and Eating Disorders: Managing One without Creating the Other, International Health Educators of Youth, Clearwater, Florida, January 2018.*

*Eating Disorders Boot Camp: NEXT GENERATION, Southeast Psych, Charlotte, North Carolina, October 2017.*

*Eating Disorders Boot Camp: NEXT GENERATION, Balance Treatment Center, Manhattan, New York, September 2017.*

*Orthorexia Update, Austin Eating Disorder Professionals, Austin, Texas, August 2017.*

*Eating Disorders Boot Camp: NEXT GENERATION, Breathe Life Healing Center, Los Angeles, California, August 2017.*

*Eating Disorders Boot Camp: NEXT GENERATION, University of Texas at Austin, June 2017.*

*Eating Disorders Boot Camp: NEXT GENERATION, Holland, Michigan, June 2017.*

*Jessica Setnick Unplugged: Looking Back on a Career, Arizona Academy of Nutrition & Dietetics Annual Conference, June 2017.*

*Orthorexia: Eating Clean in a Dirty, Dirty World, Eating Disorder Hope Webinar, June 2017.*

*The Modern Family: Incorporating an Expanded Circle of Support into Nutrition Counseling, Ohio Academy of Nutrition & Dietetics Annual Conference, Cleveland, Ohio, May 2017.*

## **Jessica Setnick, MS, RD, LD, CEDRD**

*Eating Disorders Eating Disorders Boot Camp: NEXT GENERATION*, Nova Southeastern University, Davie, Florida, May 2017.

*Food Fairy Tales*, Pennsylvania Nutrition Educators Network Annual Conference, King of Prussia, Pennsylvania, May 2017.

*Orthorexia: When Good Nutrition Goes Bad*, DFW Chapter of The International Association of Eating Disorder Professionals, Irving, Texas, April 2017.

*The Role of the Dietitian in Eating Disorder Recovery: Research from the Patient's Point of View*, Eating Disorder Hope Webinar, April 2017.

*Orthorexia: When Good Nutrition Goes Bad*, Indiana Academy of Nutrition & Dietetics Annual Conference, Indianapolis, Indiana, April 2017.

*Treating Eating Disorders in the Modern Family Era: Improving Outcomes with an Expanded Circle of Support*, Dallas Fort Worth Behavioral Conference, Irving, Texas, March 2017.

*Healing the Trauma of Malnutrition*, with April Winslow, International Association of Eating Disorder Professionals Annual Symposium, Henderson, Nevada, March 2017.

*Handling Sticky Situations in Real Time*, with Robyn Kievet, John Sharp and Beth Mayer, Multi-Service Eating Disorder Association Annual Conference, Newton, Massachusetts, March 2017.

*Eating Disorders Boot Camp: NEXT GENERATION*, Lincoln, Nebraska, February 2017.

*Stop Bullying Your Body*, University of Nebraska Body Positive Event, Lincoln, Nebraska, February 2017.

*From Abstinence to Relapse Prevention: Adapting Addiction Strategies to Binge Eating Disorder*, Golden Coast Chapter of The International Association of Eating Disorder Professionals, Santa Barbara, California, February 2017.

*Eating Disorders Eating Disorders Boot Camp: NEXT GENERATION*, University of Arizona, Tucson, Arizona, February 2017.

*Treating Eating Disorders in the Modern Family Era: Improving Outcomes with an Expanded Circle of Support*, Mental Health Association of Greater Dallas Adolescent Symposium, Garland, Texas, February 2017.

*Making Food Your Friend Again and Adapting Addiction Concepts to Eating Disorders*, Houston Council on Recovery, Houston, Texas, January 2017.

*Orthorexia Update*, IFEDD Meeting, Phoenix, Arizona, December 2016.

*Freedom from Emotional Eating Workshop*, Wickenburg, Arizona, December 2016.

*Eating Disorders 101*, Chattanooga Academy of Nutrition & Dietetics, Chattanooga, Tennessee, November 2016.

*Making Food Your Friend Again*, Paradise Valley Community College Mental Health Awareness Week, Phoenix, Arizona, November 2016.

## **Jessica Setnick, MS, RD, LD, CEDRD**

*First Do No Harm: Addressing Weight Bias in a Weight-Based Medical Model*, Binge Eating Disorder Association Conference, November 2016.

*Orthorexia Past, Present and Future*, with Steven Bratman and Marci Anderson, Academy of Nutrition & Dietetics Food and Nutrition Conference and Expo, Boston, Massachusetts, October 2016.

*Body Dysmorphic Disorder*, Special Event, Boston, Massachusetts, October 2016.

*Making Food Your Friend Again*, University of North Carolina, Chapel Hill, October 2016.

*Eating Disorders Update*, University of North Carolina, Chapel Hill, Health Center, October 2016.

*Eating Disorders, Addictions and Trauma: How They All Connect*, Meadows Inservice, Wickenburg, Arizona, September 2016.

*Treating Eating Disorders in the "Modern Family" Era: Improving Outcomes with an Expanded Circle of Support*, Metro Denver iaedp Chapter, Denver, Colorado, September 2016.

*Stop Bullying Your Body*, University of Arizona, Tucson, Arizona, September 2016.

*What's Eating You: Healing Your Eating Issues by Assessing Childhood Eating Experiences*, Adult Children of Alcoholics Annual Retreat, Mingus Mountain, Arizona, September 2016.

*Can You Be Too Healthy? When Healthy Eating Becomes an Obsession*, Meadows Lecture Series, Dallas, Texas, August 2016.

*Eating Disorders Boot Camp*, Missouri Eating Disorder Council Training, Joplin, Missouri, August 2016.

*Body Dysmorphic Disorder*. Psychiatric Grand Rounds. Texas Health Presbyterian. Dallas, Texas. June 2016.

*Eating Disorder Professional Training*. Martha's Vineyard, Massachusetts. May 2016.

*Body Dysmorphic Disorder*. Collegiate Professional Sports Dietetic Association Annual Conference. Kansas City, Kansas. May 2016.

*Eating Disorders Mini Boot Camp*. Washington and Oregon State Academies of Nutrition and Dietetics Annual Conference Pre-Conference Workshop. Vancouver, Washington, April 2016.

*When Being "Healthy" Goes Too Far: Assessment and Treatment of Orthorexia and Pathological Exercise*, with Dr. Edward Tyson. SCAN 2016 Conference. Portland, Oregon, April 2016.

*Medical Complexity of Eating Disorders: Best Practices and Top Ten Signs of Eating Disorders You're Missing*. Greensboro Area Health Education Center. Greensboro, North Carolina, March 2016.

*Orthorexia: Past, Present and Future of the Most Controversial Eating Disorder*, with Dr. Steven Bratman and Amanda Mellowspring. International Association of Eating Disorder Professionals Annual Symposium, Amelia Island, Florida, March 2016.

*Eating Disorder Update* to the Health Center Staff. Claremont Colleges. Claremont, California, February 2016.

## Jessica Setnick, MS, RD, LD, CEDRD

*Eating Disorder Update.* San Diego Academy of Nutrition and Dietetics Board of Directors. San Diego, California, February 2016.

*Beyond "I Feel Fat": What Eating Disorder Professionals Need to Know About Body Dysmorphic Disorder.* Remuda Special Event. Los Angeles, California, February 2016.

*Treating the "Modern Family": Improving Treatment with an Expanded Circle of Support.* Houston Eating Disorder Specialists. Houston, Texas, February 2016.

*Childhood Obesity & Eating Disorders: Managing One without Creating the Other and Shame, Shame, Go Away: Understanding Body Image.* South Carolina Coalition on Eating Disorders. Charleston, South Carolina, January 2016.

*DSM-5 Update and Treating the "Modern Family".* Benjamin Franklin Institute Summit. Charleston, South Carolina, June 2015.

*Body Dysmorphic Disorder in Athletes.* Female Athlete Conference with Dr. Kevin Wandler. Wellesley, Massachusetts, June 2015.

*When Fitspiration Goes Too Far: Body Dysmorphic Disorder.* Victory Program at McCallum Place with Dr. Kevin Wandler. St. Louis, Missouri, June 2015.

*DSM-5 Update.* Rosewood Institute. Webinar, June, 2015.

*Managing Eating Disorders and Addiction Treatment.* COPE Inservice. Tucson, Arizona, May 2015.

*Binge Eating Disorder.* Sage Recovery Cell Event. Austin, Texas, April 2015.

*Managing Eating Disorders and Addiction Treatment.* Solutions of North Texas. Denton, Texas, April 2015.

*Creativity: The Eating Disorder Specialist's Secret Sauce.* Eating Disorder and Recovery Support Conference. Santa Rosa, California, February 2015.

*Nutrition Counseling Boundaries: Connecting with Patients without Practicing Psychotherapy and Binge Eating Disorder in the Weight Management Setting.* Washing State Academy of Nutrition and Dietetics. Seattle, Washington, April 2015.

*Childhood Obesity & Eating Disorders: Managing One without Creating the Other.* The Elisa Project/Region 10 Educator Training Day. Dallas, Texas, February 2015.

*Stop Locking Horns with Your Clients: Exit Strategies for Sticky Situations.* University of Arizona/ International Association of Eating Disorder Professionals Event. Tucson, Arizona, February 2015.

Children's Hospital of Orange County Advancing Practice in Pediatric Education Seminar. Orange County, California, October 2014.

*DSM-5 Update.* Los Angeles Chapter International Association of Eating Disorder Professionals. Los Angeles, California, September 2014.

## **Jessica Setnick, MS, RD, LD, CEDRD**

*DSM-5 and Binge Eating Disorder*, with Melainie Rogers. Balance Eating Disorder Center. Manhattan, New York, July 2014.

*Persistence, Positive Attitude and Pursuit of Perfection: How the Qualities We Admire in Athletes Can Derail Eating Disorder Recovery*. Collegiate and Professional Sports Dietitians Association Conference. Phoenix, Arizona, May 2014.

*The Dietitian's Dilemma in Treating Binge Eating Disorder*, with Marsha Hudnall. Binge Eating Disorder Association Conference. Denver, Colorado, May 2014.

*Connecting with Patients within the Dietitian's Scope of Practice*. Greater Cincinnati Dietetic Association, May 2014.

*Crewmember Issues: Identifying Eating Disorders*. Aerospace Medical Directors Association. San Diego, California, May 2014.

*Eating Disorders & Obesity: How To Manage One Without Creating The Other*. Eastern Illinois Academy of Nutrition and Dietetics. May 2014.

*DSM-5 Update*. Rosewood Center for Eating Disorders. Wickenburg, Arizona, May 2014.

*Food Fairy Tales*. Virginia Academy of Nutrition and Dietetics 2014 Annual Conference. Charlottesville, Virginia, April 2014.

*Dietitian's Paradox with Masha*. BEDA Conference 2014. Denver, Colorado, April 2014.

*Food Fairy Tales: How to Find the Stories Your Patients are Telling about Food*. Virginia Academy of Nutrition and Dietetics Conference. Charlottesville, Virginia, April 2014.

*Is FBT the Only Way to Involve Families in Eating Disorder Treatment?* DFW IAEDP. Irving, Texas, April 2014.

*DSM-5 and Eating Disorders*. Texas Health Resources Presbyterian Hospital Psychiatric Grand Rounds. Dallas, Texas, March 2014.

*DSM-5 and Eating Disorders*. Partners in Recovery. San Diego, California, March 2014.

*The Way Forward Eating Disorder Conference*. Edinburgh, Scotland. February 2014.

*Obesity and Eating Disorders: Managing One without Creating the Other*. Mental Health Association Adolescent Symposium. Dallas, Texas, February 2014.

*Binge Eating Disorder in the Weight Management Setting*. Dallas Academy of Nutrition & Dietetics. Dallas, Texas, January 2014.

*When Eating Disorders Go Rogue*. Special Event, San Jose, December 2013.

*Why Our Clients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes*. Massachusetts Academy of Nutrition & Dietetics. Webinar, November 2013.

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*Why Our Clients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes.* Houston Academy of Nutrition & Dietetics. Houston, Texas, November 2013.

*Conversations of Hope.* Keynote at Oklahoma Eating Disorders Association, Oklahoma City, October 2013.  
*An Educational Module to Teach Dietetics Students Nutrition Counseling Skills for Eating Disorders; Binge Eating Disorder: DSM-5 and Implications.* Academy of Nutrition & Dietetics Food & Nutrition Conference & Exhibition. Houston, Texas, October 2013.

*Team Treatment in Outpatient Care of Eating Disorders; Documenting Outcomes of Nutrition Counseling; Nutrition Counseling and Psychotherapy.* Southwest Michigan Eating Disorder Association Annual Symposium. Kalamazoo, Michigan, October 2013.

*DSM-5 Update: Consequences & Controversy.* International Association of Eating Disorder Professionals DFW Chapter Quarterly Meeting. Irving, Texas, August 2013.

*Food Fairy Tales: Untangling the Stories We Tell about Food.* The Science and Business of Weight Management Conference. Philadelphia, Pennsylvania, July 2013.

*Outpatient is from Mars, Inpatient is from Venus: Bridging the Gap between Levels of Care,* with Dena Cabrera. International Association of Eating Disorder Professionals. Webinar, June 2013.

*Eating Disorders Eating Disorders Boot Camp: Training for Professionals.* St. Louis, Missouri, May 2013.

*Eating Disorders Survival Skills for Dietitians.* Ohio Dietetic Association Annual Conference. Columbus, Ohio, May 2013.

*Treating Binge Eating Disorder,* with Adrienne Ressler. Sports, Cardiovascular, and Wellness Nutritionists Annual Symposium. Chicago, Illinois, April 2013.

*Eating Disorders Survival Skills and Why Our Clients Vow to Change their Eating... and then Don't.* Indiana Dietetic Association Annual Conference. Indianapolis, Indiana, April 2013.

*Why Our Clients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes.* Weight Management DPG Annual Symposium. Indianapolis, Indiana, April 2013.

*Managing Eating Disorders in Addiction Treatment.* Texas Association of Addiction Professionals Annual Metamorphosis Conference. Forth Worth, Texas, April 2013.

*Managing Eating Disorders on Campus.* Sodexo College Dietitians Webinar, March 2013.

*Why Our Clients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes.* West Virginia Dietetic Association Annual Conference Keynote, Huntington, West Virginia, March 2013.

*Using Addiction Treatment Strategies to Treat Overeating.* Long Island Dietetic Association Webinar. February 2013.

*Recovery Protection: Managing the Transition.* Southeast Eating Disorders (SEED) Conference. Birmingham, Alabama, February 2013.

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*Picky Eater or Dysfunctional Eating Behavior? At What Point Do We Intervene?* Mental Health Association of Greater Dallas Adolescent Symposium. Dallas, Texas, February 2013.

*Managing Dysfunctional Eating Behaviors in Addiction Treatment.* Texas Association of Addiction Professionals NOVA Annual Conference. Dallas, Texas, January 2013.

*Why Our Clients Vow to Change their Eating... and Then Don't.* Nashville Academy of Nutrition and Dietetics Quarterly Meeting. Nashville, Tennessee, December 2012.

*Eating Disorder Update – Four Part Webinar Series.* University of Texas Health Science Center, October/November 2012.

*Eating Disorder Update.* Greater New York & Westchester County Dietetic Associations, New York, New York, October 2012.

*Nutrition Counseling Boundaries: Connecting with Patients without Practicing Psychotherapy.* Behavioral Health Nutrition Awards Breakfast Keynote. Philadelphia, Pennsylvania, October 2012.

*Managing Eating Disorders During Addiction Treatment.* National Conference on Addiction Disorders. Orlando, Florida, September 2012.

*Eating Disorders Update.* Corpus Christi Dietetic Association. Corpus Christi, Texas, September 2012.

*Eating Disorders Treatment Update for Dietitians and Therapists.* Kootenay Eating Disorders Clinic. Nelson, British Columbia, Canada, September 2012.

*Why Our Clients Vow to Change Their Eating... and Then Don't: Using the Science of Decision-Making to Promote Better Nutrition Outcomes.* Seattle, Washington, September 2012.

*Eating Disorders Don't Discriminate.* American Mental Health Counselors Association Conference. Orlando, Florida, July 2012.

*Using Addiction Strategies for Binge-Eating Disorder.* The Science and Business of Weight Management Conference. Philadelphia, Pennsylvania, July 2012.

*Binge Eating Disorders.* Florida Dietetic Association Annual Food & Nutrition Conference & Exhibition. Orlando, Florida, July 2012.

*Using Addiction Treatment Strategies for Overeating.* Ranch 2300 Special Event. Fort Worth, Texas. July 2012.

*Eating Disorders Recovery Protection: Preparing Patients for Life after Treatment.* International Association of Eating Disorder Professionals Phoenix Chapter Quarterly Meeting. Phoenix, Arizona, June 2012.

*Exit Strategies for Sticky Situations.* Atlanta Eating Disorders Professionals Networking Group. Atlanta, Georgia, June 2012.

*Managing Eating Disorders in Any Practice Area.* San Diego Dietetic Association. San Diego, California, May 2012.

*Managing Eating Disorders in College.* Texas School Counselor Association Annual College Counselor Conference. Fort Worth, Texas, May 2012.



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*Eating Disorders Update: What Every Dietitian Needs to Know.* Rhode Island Dietetic Association Annual Food & Nutrition Conference & Exhibition. Providence, Rhode Island, May 2012.

*Eating Disorders Update: What Every Dietitian Needs to Know.* Puerto Rico Dietetic Association Annual Conference. San Juan, Puerto Rico, April 2012.

*A Listening Ear: Does it Make a Dietitian Into a Therapist?* Texas Dietetic Association Food & Nutrition Conference & Exhibition. San Antonio, Texas, April 2012.

*Why Our Patients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes.* Greater Cincinnati Dietetic Association Quarterly Meeting. Cincinnati, Ohio, March 2012.

*Stop Locking Horns with Your Clients: Exit Strategies for Sticky Situations.* Eating Disorder Coalition of Tennessee Conference. Knoxville, Tennessee, February 2012.

*Managing Eating Disorders in High School.* Texas School Counselor Association Annual Conference. Galveston, Texas, February 2012.

*Eating Disorders Mini Boot Camp.* Amarillo Professionals. The Pavilion, Amarillo, Texas, January 2012.

*Eating Disorders Recovery Protection: Preparing Patients for Life after Treatment.* Center for Change Conference. Orem, Utah, January 2012.

*Are Eating Disorders Addictions?* With Mark Bird, PhD, LMFT. Texas Association of Addiction Professionals NOVA Conference. Dallas, Texas, January 2012.

*Eating Disorders Update.* West Texas District Dietetic Association. Odessa, Texas, January 2012.

*Are Eating Disorders Addictions?* Fort Worth Eating Disorder Professionals. Fort Worth, Texas, December 2011.

*A Listening Ear: Does it Turn a Dietitian into a Therapist?* Renfrew Center Foundation Conference. Philadelphia, Pennsylvania, November 2011.

*Managing Hidden Eating Disorders in the Employee Assistance Arena.* Employee Assistance Professionals of Dallas. Dallas, Texas, October 2011.

*Are Eating Disorders Addictions?* with Mark Bird, PhD, LMFT. Presbyterian Hospital of Dallas. Dallas, Texas, October 2011.

*Eating Disorders 4-1-1: What Every Dietitian Should Know.* Northwest Arkansas District Dietetic Association. Via Webinar, October 2011.

*The Dietitian's Role in Eating Disorders: 3-part Webinar Series.* University of Texas Health Science Center. July 2011.

*Antidotes to Ambivalence.* University of Arizona Professional Development. Tucson, Arizona, March 2011.

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*Why Our Patients Vow to Change their Eating... and then Don't: Using the Science of Behavior Change to Improve Nutrition Outcomes.* Dallas & Fort Worth Dietetic Associations Combined Spring Seminar. Southlake, Texas, March 2011.

*Eating Disorders 4-1-1: What Every Dietitian Should Know.* Long Island Dietetic Association. Via Webinar, January 2011.

*The Dietitian's Role in Eating Disorders: Past, Present and Future* with Molly Kellogg and Sondra Kronberg Renfrew Foundation Conference. Philadelphia, Pennsylvania, November 2011.

*What's Eating Your Clients? Solving Eating Disorders from the Inside Out.* Northern Metro Counseling Association Summer Conference, Frisco, Texas, June 2010.

*Eating Disorders Boot Camp: Training for Professionals,* The Emily Program, St. Paul, Minnesota, June 2010.

*Eating Disorders and Personality Disorders,* Benjamin Franklin Institute Summit for Clinical Excellence, Las Vegas, Nevada, May 2010.

*Food Fairy Tales,* Benjamin Franklin Institute Summit for Clinical Excellence, Las Vegas, Nevada, May 2010.

*The Secret Lives of Eating Disorders,* National Strength and Conditioning Association Annual Conference, Las Vegas, Nevada, March 2010.

*Eating Disorders 911 – What Every Dietitian Needs to Know,* Houston, Texas, January 2010.

*Eating Disorders Boot Camp: Training for Professionals,* Houston, Texas, January 2010.

*Eating Disorders Boot Camp: Training for Professionals,* Las Vegas, Nevada, December 2009.

*Eating Disorders Boot Camp: Training for Professionals,* Charlotte, North Carolina, May 2009.

*Double Your Referrals...Without Getting Off the Couch!* Webinar, May 2009.

*Eating Disorders Boot Camp: Training for Professionals,* Boston, Massachusetts, April 2009.

*Eating Disorders Boot Camp: Training for Professionals,* Phoenix, Arizona, February, 2009.

*Personality Disorders 411: For Professionals Treating Eating Disorders* Webinar, February 2009.

*Eating Disorders Boot Camp: Training for Professionals,* Miami, Florida, January 2009.

*Eating Disorders Boot Camp: Training for Professionals,* Dallas, Texas, December 2008.

*Eating Disorders and Personality Disorders, The Renfrew Foundation Conference,* Philadelphia, Pennsylvania, November 2008.

*Eating Disorders Boot Camp: Training for Professionals,* Torrance, California, September 2008.

*Eating Disorders Boot Camp: Training for Professionals.* Colorado Springs, Colorado, July 2008.

## **Jessica Setnick, MS, RD, LD, CEDRD**

*Eating Disorders 411: What Every Dietitian Should Know*, Texas Dietetic Association Conference, Austin, Texas, April 2008.

*Eating Disorders Boot Camp: Training for Professionals*, New York, New York, April 2008.

*Addressing Eating Disorders Among Athletes at the High School and College Level*, American Association of Health, Physical Education and Recreation Directors National Convention, Fort Worth, Texas, April 2008.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Manhattan, Kansas, February 2008.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Birmingham, Alabama, January 2008.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Dominican University, Chicago, Illinois, July 2007.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Columbia University Teacher's College, New York, New York, May 2007.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, University of Texas, Austin, Texas, January 2007.

*What's Eating Your Clients?*, Dallas Counselors Association, December 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Del Amo Hospital, Torrance, California, December 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Minneapolis, Minnesota, October 2006.

*Eating Disorders in Inpatient Care*, Parkland Memorial Hospital, Dallas, Texas, October 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Duke University, Durham, North Carolina, July 2006.

*Eating Disorders and Pregnancy*, Academy of Eating Disorders, Barcelona, Spain, June 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Portland, Oregon, May 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Columbia Teacher's College, New York, New York, March 2006.

*Eating Disorders: Cutting Edge Strategies*, Sports, Cardiovascular and Wellness Nutritionists Symposium, Nashville, Tennessee, March 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, University of Denver Hospital, Denver, Colorado, March 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, VA Hospital of San Francisco, San Francisco, California, January 2006.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Boston, Massachusetts, December 2006.

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*Grace Under Pressure: The Dietitian's Use of Self in Treatment*, The Renfrew Center Foundation Conference, Philadelphia, Pennsylvania, November 2006.

*Helping Obese Children and Teens without Diets*, Iowa Dietetic Association Annual Conference, Des Moines, Iowa, November 2006.

*Managing Eating Disorders in Any Practice Area*, Iowa Dietetic Association Annual Conference, Des Moines, Iowa, November 2006.

*Nutritional Rehabilitation of Anorexia Nervosa in Pediatrics*, Dangerous Diets: Obesity and Eating Disorders, Medical City Dallas, Texas, October 2005.

*Eating Disorders and Obesity in Children: How to Manage One without Creating the Other*, Pediatric Nutrition Network, Dallas, Texas, September 2005.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Madonna University, Detroit, Michigan, September 2005.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Del Amo Hospital, Torrance, California, July 2005.

*Raising Healthy Kids in a Fast Food World*, National Center for Youth Issues Regional Conference, Dallas, Texas, June 2005.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, King of Prussia, Pennsylvania, May 2005.

*Eating Disorders*, Employee Assistance Program Association, Dallas, Texas, April 2005.

*What's Eating Your Clients? Eating Disorders and Trauma*, Association of Traumatic Stress Specialists Annual Conference, Dallas, Texas, April 2005.

*Eating Disorders: Identification, Prevention and Recovery*, Missouri State Department of Health, Columbia, Missouri, March 2005.

*I Can't Believe You Just Said That! What to Do When You Can't Say What You Feel*, Austin Dietetic Association Wellness Symposium, February 2005.

*Eating Disorders: What Every Future Dietitian Needs to Know*, Bastyr University, Seattle, Washington, March 2005.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Seattle, Washington, March 2005.

*Eating Disorders Boot Camp: Training Workshop for Professionals*, Eating Disorders Center, San Diego, California, February 2005.

*Is This Normal? How to Answer Questions about Child Feeding and Growth*, Early Childhood Intervention Consortium, Texas Scottish Rite Hospital, Dallas, Texas, October 2004.

*What's Eating Your Clients: Solving Eating Disorders from the Inside Out*, Illinois Dietetic Association Fall Seminar, Bloomington, Illinois, September 2004.

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*What's Eating Your Clients: Solving Eating Disorders from the Inside Out*, Center for Change, Orem, Utah, August 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, St. Alphonsus Family Center, Boise, Idaho, June 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, Zale Lipshy University Hospital, Dallas, Texas, May 2004.  
*Eating Disorders Boot Camp: Training Workshop for Dietitians*, Baltimore, Maryland, May 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, Columbia University Teacher's College, New York, New York, April 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, Atlanta Center for Eating Disorders, Atlanta, Georgia, March 2004.

*Eating Disorders and Pregnancy: Complications and Treatment Strategies*, Fort Worth Dietetic Association Spring Seminar, Fort Worth, Texas, March 2004.

*Helping Chubby Children: Nutrition Education and Treatment Strategies*, Medical City Dallas Pediatrics Grand Rounds, Dallas, Texas, March 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, Clarian Methodist Hospital, Indianapolis, Indiana, February 2004.

*Adventures in Private Practice: A Private Journey in the Public Eye*, Dallas Dietetic Association Spring Seminar, Dallas, Texas, January 2004.

*Nutrition Counseling Strategies for a Fast Food World*, Texas Woman's University, Denton, Texas, January 2004.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, St. Vincent Infirmary, Little Rock, Arkansas, December 2003.

*Eating Disorders in Pregnancy: Complications and Treatment Strategies for Mother and Child*, Renfrew Foundation Conference, Philadelphia, Pennsylvania, November 2003.

*Eating Disorders Boot Camp: Training Workshop for Dietitians*, full-day workshop, After the Diet VI, San Antonio Texas, October 2003.

*Eating Disorders and Pregnancy: What Every Dietetics Professional Should Know*, Developmental Issues, Fall 2003.

*What's Eating Your Clients*, Presbyterian Hospital of Dallas Annual Social Work Conference, August 2003.

*Eating Disorders Boot Camp*, Santé Center for Healing, Argyle, Texas, July 2003.

*Eating Disorders Boot Camp: Training Workshop for Health Professionals*, St. Joseph's Hospital, Helena, Montana, July 2003.

*Eating Disorders Boot Camp: Training Workshop for Health Professionals*, Alpha Phi Sorority House, Los Angeles, California, July 2003.

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*Eating Disorders and Pregnancy*, UT Southwestern 26<sup>th</sup> Annual Conference in Women's Health Care, Dallas, Texas, April 2003.

*What's Eating Your Clients: Solving Eating Disorders from the Inside Out*, Mental Health Association of Greater Dallas Annual Adolescent Symposium, Plano, Texas, April 2003.

*What's Eating Your Patients: Handling Eating Disorders in Any Practice Area*, Texas Dietetic Association Annual Food and Nutrition Conference and Exhibition, Houston, Texas, April 2003.

*What's Eating Your Patients: Handling Eating Disorders in Any Practice Area*, East Texas Dietetic Association Spring Seminar, March 2003.

*Hidden Messages in Food Advertisements: Why They Matter*, San Antonio Dietetic Association Spring Seminar, March 2003.

*What's Eating Your Patients: Handling Eating Disorders in Any Practice Area*, Wichita Dietetic Association monthly meeting, February 2003.

*Is this Normal? How to Handle Childhood Feeding Problems*, Texas Early Childhood Intervention Annual Statewide Conference, April 2002.

*Helping Obese Children and Teens without Diets*, Inner Escapes Tending the Feminine Psyche, Santa Barbara, California, April 2002.

*Helping Obese Children and Teens without Diets*, East Texas Dietetic Association Spring Seminar, Tyler, Texas, March 2002.

*Is this Normal? Answering Questions about Child Feeding*, Grand Rounds, Medical City Dallas Hospital for Children, October 2001.

*Eating Disorders, What Every Future Dietitian Should Know*, Texas Student Dietetic Association Annual Meeting, Fort Worth, Texas, 2001.

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## Jessica Setnick, MS, RD, LD, CEDRD

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6240 E. University Blvd. Dallas, Texas 75214 214.674.6455 Jessica@UnderstandingNutrition.com

## **Jessica Setnick, MS, RD, LD, CEDRD**

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## **Jessica Setnick, MS, RD, LD, CEDRD**

For more information or to schedule an interview with Jessica Setnick, please call 214-674-6455 or email [Jessica@UnderstandingNutrition.com](mailto:Jessica@UnderstandingNutrition.com).